

Inland Hospital's



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# Family FUN Series

**YOUR GUIDE TO YEAR-ROUND HEALTHY, ACTIVE FUN!**

OCTOBER 2012	NOVEMBER 2012	DECEMBER 2012	JANUARY 2013
<b>Family Hike</b> Saturday, October 13 10am Messalonskee Stream Trail, Oakland	<b>Family Fun Walk</b> Saturday, November 17 10am, Waterville Public Library, 73 Elm Street	<b>Pool Party</b> Saturday, December 8 2:30-3:30pm, Alford Youth Center, Waterville	<b>Snowshoeing Adventure</b> Saturday, January 12, 10am, Inland Woods behind Inland Hospital
FEBRUARY 2013	MARCH 2013	APRIL 2013	MAY 2013
<b>Winter Carnival</b> Saturday, February 2 Quarry Road Recreation Area, Waterville	<b>Skating Party</b> Saturday, March 2, 2-4pm Alford Youth Center's Outdoor Skating Rink North Street, Waterville	<b>Healthy Kids Day</b> Friday, April 26 3:30-5pm Alford Youth Center, Waterville	<b>Kiwanis Kids Health &amp; Safety Fair</b> Sat., May 4, Messalonskee Middle School, Oakland
JUNE 2013	JULY 2013	AUGUST 2013	 <p>Bring your Family Fun Passport to each event and enter to win an L.L. Bean gift card, or get a Passport at the event.</p>
<b>Family Paddle</b> on Messalonskee Stream Saturday, June 22, 10am North Street Boat Landing Waterville	<b>Pool Party</b> Saturday, July 20, 2-4pm Waterville Municipal Pool North Street Waterville	<b>Family Mountain Biking Day</b> Date TBA DeBe Trail and Mountain Bike Park, Skowhegan	

For details and more family-friendly activities, visit [inlandhospital.org](http://inlandhospital.org).

